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National Geographic does oilsands story

MAGAZINE Images of oil-slick tailings ponds and behemoth smoke stacks from Alberta's oilsands will be viewed by roughly 10 million people around the world in a feature story inside the March edition of National Geographic.

The article refers to the mills as "dark" and "satanic" and the images show glimpses of what life's like in Alberta's once booming oilsands and in Fort McMurray.

Jason Chance, a spokesman with Alberta's energy department, says the article is fair in its approach to the oilsands as it also covers the industry's successes. **METRO CALGARY**

Seven-year-old dies in bus stop tragedy



The hamlet of Millarville came together to support staff and students at the Millarville Community School after word had spread that a seven-year-old Grade 2 student had been struck and killed by a vehicle while waiting at his bus stop yesterday morning.

JENNIFER HILLIKER
for Metro Calgary

Brandon Kruggel was an exceptional math student in Grade 2, loved playing hockey, and had many friends in his new home in the southern Alberta hamlet of Millarville, even though he had only lived there for a year.

As he was boarding his bus to Millarville Community School yesterday morning with his older sister and younger brother, a teenage driver allegedly failed to adhere to the bus' flashing lights and struck

the seven-year-old, who was pronounced dead at the scene.

"He was really nice and polite, and really smart," said his classmate Nolan Lowry on the verge of tears.

According to RCMP Sgt. Patrick Webb, the driver exited the bus, went down into the ditch where Kruggel had landed and tried to administer first aid.

The accident has shaken up members of the small community where Kruggel lived.

"What a tragedy, on both

sides — both for the family and the driver of the car," said Terry Backs, whose 11-year-old daughter Karlee attended school with Kruggel.

"Karlee was supposed to have basketball tonight, which obviously was cancelled. It was a very sad day at the school today."

Several counselors are going to be on-site at the school to provide support for as long as they're needed, Foothills School Division Supt. Jim McLellan said.

Tiffani Williams said the

accident happened down the street from where her parents live.

"This is one of the saddest things I've ever heard," the 19-year-old said. "Especially since the driver of the car was only 17 years old. It just goes to show that kids need to be more educated about this kind of thing."

There were about 11 other students on the bus, said McLellan. He also noted that this is the first school bus-related fatality in the division's history, and the site where Kruggel was struck is not a high-risk area.

Phelps pulled from conference

ALICIA FOX
for Metro Calgary

CONTROVERSY Olympian Michael Phelps has been yanked from Calgary's Power Within conference amid controversy and negative publicity.

Despite previous comments by Power Within president Salim Khoja, who said Phelps would still be coming to Calgary, the inspirational conference will feature actor Martin Sheen instead.

"Due to the widely publicized alleged use of marijuana by Michael Phelps, the decision has been made to present the program without Mr. Phelps' participation," stated the release by Toronto-based Power Within of its March 3 conference.

Rob Lewis, president of Techvibes, was holding a contest on his blog giving away tickets with a promise to see the athlete and wasn't surprised to hear the news.

"He was certainly the biggest media draw," Lewis said, adding the decision "makes sense" and that he'd still be giving out the tickets so people could hear the eight other feature speakers.

Though he couldn't speak for his readers, he assumed that while some might be disappointed "people ... are interested in going for lots of reasons."

Riding the Recession

Through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

Auto

- We introduce you to some value vehicles to drive you through the economic rough spot, pg 9
- This week
- Food — Wine columnist Peter Rockwell introduces us to some budget vintages.
- Food — Local Meals for a Steal that will leave cash in your wallet.



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Sylvan Lake man Tasered

A Sylvan Lake man had to be Tasered by RCMP over the weekend, authorities said yesterday. The man was allegedly threatening to stab a woman in a Sylvan Lake home when RCMP subdued him. He is charged with assault and weapon offences. **METRO CALGARY**

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METRO CALGARY

Image makeover a waste: Group

TAXPAYERS It's "ridiculous" that the province is looking to spend \$25 million over three years to re-brand Alberta, says the Canadian Taxpayers Federation. Spokesperson Scott Hennig said it's a waste to spend millions during a recession to fix an image problem. "When the government is running a deficit, it should be looking at places to cut, and I think a new slogan is a high priority to cut," Hennig said.

School board issues weather warning

COLD The Calgary Board of Education put out a parents weather advisory for the next few days due to the cold weather. The school board wants to remind parents to dress children warmly and not leave them unattended for long periods of time. Parents should also make alternate arrangements for their children to have shelter. **METRO CALGARY**

Intersections safer: Study

KRISTA SYLVESTER
krista.sylvester@metronews.ca

What amounts to a behaviour modification program for Calgarians has resulted in a decrease in intersection collisions, according to a Calgary police-commissioned study.

Calgary police released numbers yesterday gathered by Synectics Transportation Consultants that stated since red light cameras were introduced in 2001, right-angle crashes have dropped by 48.2 per cent. More interesting, there has been a 39.6 per cent decrease in rear-end collisions, results that differ from other studies, according to safety manager for Synectics

Savings

- For every dollar spent on the program, Calgarians societal savings have equaled \$11.



A study suggests that red light cameras have helped reduce the number of intersection collisions.

Brian Malone. "I think we were a bit surprised because it's unique ... but it's very nice to see. It shows the cameras are doing what they were supposed to do," Malone said, adding the study was conducted from six years of traffic data. Malone said he believes the results are different in Calgary because the study was taken over a longer pe-

riod of time than other studies, and shows that drivers have slowly started changing their behaviours. "People know they have to stop at red lights and they know that the person in front of them is probably going to stop, too," he added. "It's a learned process." The numbers were taken from a before-and-after study of the intersections

with red light cameras as well as other city intersections. Calgary police Sgt. Clive Marsh said they are very happy with the results of the study. "It's working. It's saving lives. It's creating awareness and safe intersections," Marsh said. "Calgary drivers have accepted and adopted red light cameras into their lives."

Giving up sleep for Lent

ALICIA FOX
for Metro Calgary

RELIGION Thousands of Calgarians will be participating in Lent starting today, and some are giving up some non-traditional vices.

Leah Nogue said she's never given up anything for Lent before, but she's decided to forego beloved sleep. "I decided just to wake up at 5 a.m. every morning and spend more time with God in the mornings," she said.

Not a morning person at all, Nogue said she hopes it lasts past the required 40 days and inspires her to wake up early and go for a run in the mornings. "That's another thing I wanted to do: put more time into exercising," she said, adding that she wanted to do something that really challenged her rather than do something like give up junk food. Across the world, brave tech-lovers are abstaining from the popular Facebook until March 23. Over 350 groups have surfaced with some members deciding to join even for non-religious purposes. One group suggests picking up new hobbies, becoming politically active, "or any number of the other possible enriching activities in your life" that Facebook might get in the way of.

Med school requirements may be relaxed for aboriginals

JENNIFER HILLIKER
for Metro Calgary

HEALTH A controversial goal to increase aboriginal attendance at the University of Calgary Faculty of Medicine to four per cent could potentially take away seats for other students. But Aboriginal Health Program co-ordinator Tim

Patterson says there is a strong need for aboriginal medical professionals. "We need to bring aboriginal perspectives to health and medicine," he said. "Given the diversity of our population, more diversity in medicine is a good thing." A 3.2 GPA and comple-



Tim Patterson

tion of the Medical College Admission Test (MCAT) are required to even be considered for acceptance as a medical student at U of C. One option to ensure aboriginal acceptance is to be flexible on those standards. Patterson visited Mount Royal, which is transition-

ing to become a university, yesterday. He wanted to get student and faculty views on aboriginal admissions. Mount Royal students expressed that many aboriginals have insight into the cultural element of healing, but can't seem to find a post-secondary institute they would like to go to.

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WHAT'S ONLINE TODAY

Video What is carbon capture, and how can it be put to use? Find out at metronews.ca/local

Video Mario Dumont steps down as head of ADQ amid lingering regrets at metronews.ca/canada

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Dalai Lama urges Tibetans to ignore possible Chinese crackdown

Tibet's exiled spiritual leader the Dalai Lama urged his countrymen yesterday not to be provoked by any Chinese military crackdown coinciding with the Tibetan New Year this week. **REUTERS**

5

World

Antarctic peaks found

Jagged mountains the size of the Alps have been found entombed in Antarctica's ice, giving new clues about the vast ice sheet that will raise world sea levels if even a fraction of it melts, scientists said yesterday.

Using radar and gravity sensors, the experts made the first detailed maps of the Gamburtsev subglacial mountains, originally detected 50 years ago at the heart of the East Antarctic ice sheet.

Sea levels

• Antarctica has enough ice to raise world sea levels by about 57 metres if it ever all melted, so even a fractional melt would affect coasts around the globe.

"The surprising thing was that not only is this mountain range the size of the Alps, but it looks quite similar to the Alps, with high peaks and valleys,"

said Fausto Ferraccioli, a geophysicist at the British Antarctic Survey who took part in the research.

He said the presence of jagged peaks might mean the ice formed quickly, burying a landscape under up to four kilometres of ice.

He said the maps were "the first page of a new book" of understanding how ice sheets behave, which could help predict how the ice will react to global warming. **REUTERS**

Murdoch apologizes for chimp cartoon

MEDIA New York Post chairman Rupert Murdoch apologized in print yesterday for a Feb. 18 cartoon that ignited protests from readers who saw it as a racist depiction of President Barack Obama as a chimpanzee.

The cartoon of a policeman shooting an ape played on the real shooting of a pet chimp in Connecticut. A police officer in the cartoon says, "They'll have to find someone else to write the next stimulus bill."

The cartoon ran a day after Obama signed into law the \$787-billion US economic stimulus that he had promoted, and the connection offended those who likened it to the racist, historic comparison of blacks to lower primates. **REUTERS**

News in brief

MURDER Russian state prosecutors vowed yesterday to catch the killers of journalist Anna Politkovskaya despite a court's acquittal last week of the only three men so far charged in the 2006 murder.

MUMBAI Militants behind last year's attacks on Mumbai used cellphones that were activated in the United States and paid for with funds sent from Italy, an Italian newspaper reported yesterday.

NASA A mission carrying a climate satellite into orbit failed yesterday when the satellite was not able to separate from the rocket, NASA said. **REUTERS**

Obama Addressing the nation



U.S. President Barack Obama gives his prime-time address to a joint session of Congress on Capitol Hill in Washington yesterday. Obama pressed the case for his economic plans, which include ending tax breaks for corporations that send U.S. jobs overseas and possibly setting aside even more money for debt-laden banks, which the Federal Reserve said earlier yesterday should be able to survive without being nationalized.

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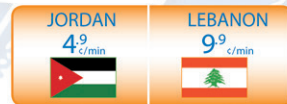
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Comment & Views

Comment

Do we believe in freedom of speech?

TheWestView

Paul Sullivan

Journalist & Media Consultant

Do you believe in freedom of speech? Of course you do. It's the cornerstone of our democracy. It's etched in the Charter of Rights and Freedoms: "Everyone has the following fundamental freedoms ... b) freedom of thought,

belief, opinion and expression, including freedom of the press and other media of communication."

Pay attention, freedom lovers. Just because it's in the charter, don't believe everything you read.

What if I asked the question this way: Do you believe in freedom of speech for David Ahenakew? He's the Saskatchewan aboriginal leader who was first convicted, then acquitted, of spreading hate for expressing the following opinion:

"The Jews damn near owned all of Germany prior to the war. That's how

Hitler came in. He was going to make damn sure that the Jews didn't take over Germany or Europe. That's why he fried six million of those guys, you know. Jews would have owned the God-damned world."

When he was acquitted Monday, the B'nai Brith said the verdict is inexcusable, and that Canadian hate crime legislation needs to be reviewed, i.e. strengthened.

Of course there are numerous human rights tribunals that could still discipline Ahenakew. B.C.'s code, for example, says

simply that a person must not publish or cause to be published anything that discriminates against a person or group, or exposes them to hatred or contempt. Under B.C.'s code, it would be much easier to find Ahenakew guilty.

I could ask the question this way: Do you believe in freedom of speech for The Ottawa Citizen? The paper was found guilty of libelling a former cop, Danno Cusson, who took it upon himself to go to New York in the wake of 9/11 with his dog, trying to free trapped survivors. The Citizen called it an ill-con-

ceived misadventure; Cusson was offended and sued — and was awarded \$125,000 by a jury.

Now it's before the Supreme Court of Canada, where media lawyers are pleading for libel laws to be liberalized. Obviously, we do not really believe in freedom of speech. Instead we argue about it. Sometimes restrictions seem to make sense; who wants some guy going around the country spewing hateful lies about Jews? In others, we're not so sure. To shut a reporter up, should all you have to do is sue for libel? Not a good idea if we want

the truth to emerge.

Here's the thing.

If we believe in "freedom" we have to tolerate lies as well as truth, errors as well as accuracy.

Freedom of speech protects us all from the consequences of our utterances and idiotic notions.

Freedom of speech is clear: If you think it, you can say it.

So one more time, do you still believe in freedom of speech? For me, the answer is still — and always will be — yes.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting.

Word on the street: What are you planning to do with your tax return? Splurge or save? And why?

Diana Iakossavas

age 24, Toronto

A: I'll probably put it into my savings. That's what I usually do with government cheques. To me, it's extra money, so I just throw it in my savings.

Dwayne Bromfield

age 34, Toronto

A: My wife and I are planning to reinvest in our house, and we're trying to pay down our mortgage.

Soumen Sengupta

Halifax

A: I'm going to save the money. I have to save for the future, it's pretty difficult right now.

Jennifer Fast

age 24, Calgary

A: Save it. Mine would probably go to savings towards school ... or paying off my student loans.

Paul Chafe

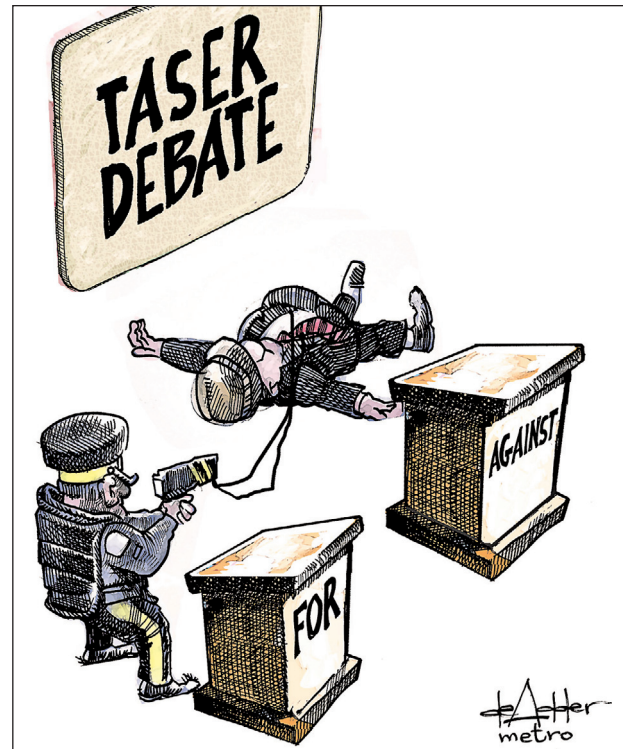
Halifax

A: Definitely save. I'm a student and I have a lot of expenses that I need to put it towards.

Linda van der Vaart

age 24, Calgary

A: I'm not getting anything back (but if I did) I would save it.



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Stars show support for Live Nation, Ticketmaster union

Rock stars such as Seal, Van Halen and Shakira gave their support to Live Nation Inc.'s planned acquisition of Ticketmaster Entertainment Inc. ahead of a U.S. antitrust hearing yesterday. **REUTERS**

7

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

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Web throttling targeted

Coalition says shaping Internet traffic threatens innovation

A group of more than 75 web-focused companies and organizations, including Google, eBay and Amazon, are calling on Canadian regulators to develop a "nuanced" approach when it comes to the thorny issue of phone and cable companies who manage Internet traffic on their networks.

In filings this week to the CRTC in advance of a July probe into Internet traffic management, the Open Internet Coalition rejected the suggestion put

forward by Bell Canada Inc. and Rogers Communications Inc. that certain bandwidth-intensive applications need to be actively managed to prevent them from bogging down the Internet.

"The best ways for ISPs to deal with congestion in their networks is to invest in bigger, faster, open networks."

Jacob Glick, counsel Google Canada

Bell and Rogers currently use software to sniff out mainly peer-to-peer file-sharing protocols and put them in the equivalent of an Internet slow lane during peak usage periods.

Jacob Glick, the policy counsel for Google Canada, said the unnecessarily

blunt approach threatens to render a whole segment of current and future web applications unworkable.

"The evidence suggests that the best ways for ISPs to deal with congestion in their networks is to invest in bigger, faster, open networks," said Glick.

"And while we also recognize that sometimes ISPs will need to traffic over their networks, you can't do that in a manner that's specific to certain applications or content. When you do that, you undermine innovation online."

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Maple Leaf recalls more products

LISTERIA Maple Leaf Foods recalled more meat products yesterday over concerns of listeria bacteria, the same day that it reported a smaller quarterly loss of \$14.6 million and said the worst of a costly listeria-related recall last summer was behind it.

The company announced a voluntary recall of 1,100 cases of its Shop's All Beef Frankfurters and Maple Leaf Original Hot Dogs.

It said there had been no illness reported as a result of consumption of the products and the risk to human health is extremely low.

REUTERS

In brief

EARNINGS Thomson Reuters Corp. posted a stronger-than-expected quarterly profit of \$656 million US, raised its dividend, and said it expected revenue to grow in 2009 despite job cuts and reduced spending among its customers.

PROFIT George Weston Ltd., owner of Loblaw's Cos., yesterday reported a large gain from the sale of its Canadian dairy business, which boosted its quarterly profit to \$404 million.

REUTERS

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Canadian pitcher Erik Bedard, left, has passed his first small test in his return from shoulder surgery. The Seattle Mariners' lefty allowed only a ground ball single during a scoreless inning in an intrasquad game yesterday. **METRO NEWS SERVICES**

Sports



Tiger ready for 'rush'

Tiger Woods, left, returned to the links yesterday for the practise round of the Accenture Match Play Championship, which begins today in Arizona. "Of course I'll be nervous. That's the greatest thing about it, just to feel that rush," said Woods, who hasn't played since ACL surgery last July. His first opponent will be Australian Brendan Jones.

METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

Party staying in Alberta

CFL Although it's been known for a while, the CFL officially announced yesterday that the 2010 Grey Cup will be held in Edmonton.

Because Calgary hosts the 2009 Grey Cup, this will be the first time the CFL's championship matchup will be held in Alberta in consecutive years. "Alberta is proud to be home to this national treasure two years in a row," said Premier Ed Stelmach. "The Grey Cup is a tradition that attracts fans from across Canada for a week of fun and excitement, topped by a world class sporting event." **METRO NEWS SERVICES**



For more sports coverage, visit us online at www.metronews.ca/sports

Flames stay red hot

NHL RESULT

Blue Jackets 1 Flames 4



LAURENCE HEINEN
for Metro Calgary

THE SKINNY: Since losing four games in a row, the Flames have been on fire with points in eight straight games, going 6-0-2 in that span. With two goals and two assists, Jarome Iginla led the hometown hockey heroes to their third straight victory, while Michael Cammalleri scored once and set up two others.

THE QUICK START: After a shot by Cammalleri went just



Calgary Flames forward Jarome Iginla collides with Columbus Blue Jackets goalie Steve Mason yesterday.

wide of the net, Iginla quickly kicked the puck onto his stick and deposited it into the net in the same motion just 45 seconds into the contest.

THE CHASE: Iginla now needs just three points to pass Theoren Fleury for top spot on the Flames' all-time points list. Iginla has 828 points (398 goals, 430 assists)

in 920 career games, while Fleury put up 830 points (364 goals, 466 assists) in 791 contests with the Flames.

THE BIG BLAST: With David Moss providing a great screen in front, Dion Phaneuf blasted a point shot into the top corner past Columbus netminder Steve Mason during a second-period power play.

THE QUOTE: "It's an honour," said Iginla of being on the verge of passing Fleury for the record. "The Flames have had a lot of good teams and players. I'm very thankful and I'd love to get the record. It's something that you think of more down the road."

THE BOOS FOR JUICE: In his first game back in Calgary since signing with Columbus in the off-season, former Flames forward Kristian Huselius (nicknamed Juice) heard boos from the crowd when he touched the puck in the first period.

THE NEXT GAME: The Flames now have a couple days to prepare for their next game on Friday night (7 p.m., Sportsnet, Fan 960) when Minnesota visits the 'Dome, where the Wild has lost five straight.

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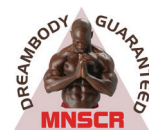
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Sculpture: Conversation, William McElcheran, 1927-1939, represented by Masters Gallery, Calgary and Kinsman Robinson Galleries, Toronto.



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Metro Drive

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA



(Above) The Toyota Yaris offers great mileage and durability in the small hatchback category; (top right) the Nissan Versa is one of the least-expensive cars currently available in the market; and the Jeep Patriot may be an inexpensive SUV but it's got enough oomph to impress a date.

Bang for buck

MARK ATKINSON
for Metro Canada

What better way to ride out the recession than in a new set of wheels. While we're not trying to sound glib about the whole mess, if you're one of the lucky ones in a position to buy a new car, truck or crossover, this is probably the best time in decades to go shopping.

Here are Metro Drive's top value choices spread over a few categories to help point you in the right direction.

SMALL COUPE: CHEVROLET COBALT XFE (\$15,300)

No one would consider the Chevrolet Cobalt to be a thrilling ride, but General Motors now offers the XFE (or eXtra Fuel Efficient) package standard on any LS model equipped with a five-speed manual transmission. Thus equipped, it gets better highway fuel mileage and more standard power than either the Honda Civic or Toyota Corolla.

Riding the Recession

SMALL SEDAN: NISSAN VERSA (\$12,498)

Currently one of the least expensive new vehicles in Canada, this entry-level Versa comes only in sedan form with a smaller engine and manual transmission. Good interior space, excellent fuel economy and luxury-car ride make it perfect for around-town shuttling.

SMALL HATCHBACK: TOYOTA YARIS (\$13,315)

Only the three-door hatch qualifies for the low price, but a little more than \$13,000 gets you the evergreen Yaris. It will sip fuel and outlast your grandchildren.

GO ANYWHERE HATCHBACK: SUZUKI SX4 JX AWD (\$21,195)

For those itching to have four driven wheels at the best price, Suzuki offers its neat SX4 hatchback. While front-wheel drive models start at

\$17,000, you need to get a mid-level JX model for the all-wheel-drive option. For that price, you get a smartly styled, spacious, go anywhere vehicle that's solid and dependable.

WAGON: VOLKSWAGEN JETTA WAGON 2.0 TDI (\$25,775)

One of the few remaining true station wagons out there, the Jetta can now be optioned with the company's brand new, ultra-clean, low-emissions turbo-diesel engine. With amazing highway economy numbers and a full-tank range of nearly 1,200 km, you could go for weeks before actually needing to find a fuel station.

• For more value car picks, visit metronews.ca/calgary/life/automotive

AutoPilot

Mike Goetz

Read at metronews.ca

Sonata one smooth operator

Hyundai's Sonata is a mid-size sedan with the interior room of a full size sedan. Available in three models, prices start at \$21,995 for a GL model four-cylinder and range up to \$31,495 for a fully loaded Limited V6 model. The Sonata Sport is priced between these two and features a small lip spoiler, leather bolsters on the seats with cloth inserts, performance tires and sport-tuned suspension. Riding a little firmer than

the GL or Limited models but with a ride still supple enough it is comfortable for all day drives.

From the driver's seat, I recognized the new more contemporary dash design but I wasn't overwhelmed like I have been in the past with previous Sonata models.

Perhaps that is because every previous Sonata has been such a dramatic improvement over its predecessor. For 2009, changes

are more subtle. The new dash layout is modern and refined. The design is clean and uncluttered, and there is added functionality too.

On the road, the four-cylinder engine operates smoothly and quietly with fair power. The V6 engine is much quicker, especially noticeable when climbing hills or passing other cars but I could easily live with the power of the four-cylinder.

JIM KERR/
FOR METRO CANADA

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Car Insurance Rates Are Increasing – Are YOU Prepared To Pay More?

The average rates in Ontario for car insurance are set to increase in 2009, with some insurance companies getting the approval to increase their rates by over 10%. Are you prepared to pay more?

Given the economic slowdown, how can you ensure that you are not overpaying for car insurance and getting the lowest rate possible for your driving profile?

How To Reduce Your Car Insurance Costs?

First and foremost, the best and easiest way to lower the cost of your car insurance is to shop around.

The rates charged by different insurance companies to insure the same driver, with the same car, for the same coverage, can vary by hundreds and even thousands of dollars. So it pays to shop around. Take a look at the table below.

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InsuranceHotline.com is an independent rate comparison engine that gets quotes from over 30 of the top car insurance companies in Canada, presents you with the lowest 3, and then matches you up with a broker or agent that can set up your policy. The service is Fast, Safe and FREE.

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8 Tips To Reduce Your Car Insurance Costs:

- Maintain a good driving record.** Drive carefully, wear your seat belt and don't become distracted while driving. Accidents and traffic tickets (not including parking tickets) can increase your insurance premium.
- Increase your deductibles.** The higher the deductible, the lower your premium.
- Take public transit.** If you drive to work, consider using the bus or the subway. Driving your car less could lower your insurance rates.
- Purchase accident forgiveness.** If you are involved in an at fault accident, accident forgiveness protects your driving record and insurance rate. Inquire with your licensed insurance professional to see if you qualify for this coverage.
- Review your coverage.** If you drive an older vehicle, you may want to consider removing your collision or comprehensive coverage. This can reduce your rates but you should first discuss this with a licensed insurance broker or agent.
- Change the type of car you drive.** Some vehicles cost more to repair than others. Other vehicles have a better safety record. The type of car you drive affects your insurance costs, so choose wisely.
- Insure your car and home with the same company.** Many companies will offer a discount if you purchase both car and home insurance with them.
- Complete driving courses.** New drivers should take an accredited drivers training course, which not only prepares you to become a better driver, but also qualifies you for a discount with many insurance companies.

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Iraq has partially reopened its National Museum, once a trove of artefacts dating back to the dawn of civilization but which was plundered after the 2003 invasion while U.S. troops stood by. Only eight of the museum's more than 20 wings were reopened **REUTERS**

Travel

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Summer blockbuster

Some of the most celebrated names in Italian art are coming to Ottawa this summer, as The National Gallery of Canada presents a world exclusive exhibit called *From Raphael to Carracci: The Art of Papal Rome* from May 29 to Sept. 7. Masters including Michelangelo, Salvati, Vasari, and Barocci will be strongly represented. See gallery.ca/raphael. At left, Raphael's *Portrait of Bindo Altoviti*, c. 1515. **METRO NEWS SERVICES**

Jewish jewels from Black Death plague on display in Britain

LONDON A hoard of jewels and coins, probably hidden by Jews fearing reprisals when the Black Death plague sweeping Europe was blamed on them, has gone on display in Britain for the first time.

The collection, including a delicate 14th century wedding ring, intricately

decorated cups and dazzling jewels, was unearthed in Erfurt, Germany, in 1998, close to the town's 11th century synagogue.

Although historians cannot be sure, they suspect that the treasures were concealed in or around 1349 by Jewish families ex-

pecting to return and collect them later. But whether because they were forced to flee, died in the plague or were among around 1,000 people killed in a pogrom in Erfurt in March that year, the items were left undisturbed for 650 years until excavations for a block of flats revealed

them. Some of the most precious pieces from the collection are on display at London's Wallace Collection alongside items from a second hoard found in France in 1863. Organizers said the exhibition, on until May 10, could be the last time the rare items are allowed to travel. **REUTERS**

Another view of the Maldives

TheTravelJunkie

Julia Dimon

metronews.ca/traveljunkie



SAKIS PAPADOPOULOS/THE IMAGE BANK

An aerial shot of Male, capital of the Maldives.

Each year thousands of holiday-seekers travel to the Maldives for sun, fun and relaxation. A huge honeymoon destination, these islands just off the coast of Sri Lanka are marketed as paradise on earth, what with their white sandy beaches, turquoise waters and palm trees swaying in the breeze.

Curious about life outside the tourist bubble, I travelled to the commercial hub of Male (pronounced mal-eh), a densely populated urban centre and capital of the Maldives. It's one of the world's smallest capital cities, but despite its size, it boasts some interesting attractions for independent travellers.

The fish market, located on the island's northern waterfront, is a great place to begin your tour. Fishing is the second largest industry after tourism, so it's an important part of Maldivian culture. Watch as men lug freshly caught tuna from brightly coloured boats and toss glittering silver fish from vessel to shore. From there, take a stroll along the seawall, where locals come after sundown to jog and socialize. From nearby vendors sample the sugary treat

called Kili, a grainy powder that combines betel nut, cinnamon and cloves.

If you're in the mood for a little cultural heritage, check out Mulee-age Palace, which serves as the Presidential office, or visit the National Museum's exhibit of sultan antiques. Though there are several architectural icons around the city, the majestic golden dome of the Friday Mosque is the most notable — it's also a great point of reference when exploring the city by foot.

Walking around Male, I spotted motorized scooters weaving in and out of traffic. Giant bats dangled from mango trees, as women wrapped in headscarves rushed past 17th century fortresses. The city was a grid-lock of narrow streets, crazy construction and pot holed roads. With single file sidewalks, Male wasn't a particularly pedestrian friendly place but there was charm in her vividly painted houses, bustling vegetable markets and distinct local culture.

Julia Dimon is co-host of Word Travels, airing Sundays at 9:30 p.m. on OLN; juliadimon.com.

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Mulling over the window or the aisle seat on your next flight? Pick the aisle to help avoid dangerous blood clots — researchers from the U.S.'s Lahey Clinic Medical Center found sitting in the aisle can help ward off potentially dangerous deep-vein thrombosis or blood clots. **REUTERS**

Putting a cork in French wine tourism

The French wine trade fears new health rules could force vintners to keep the cork on bottles when visitors come to their cellars, dealing a serious blow to growing wine tourism by stigmatizing the beverage.

French parliament will debate early in March a proposed law that carries an article banning promotional sales of alcoholic beverages as a way of curbing binge-drinking among youths.

The wine sector fears the cure may be worse than the disease and could lead to a ban on wine tastings at a time of limits on advertising and plans to attack Internet sales.

"It's unthinkable, it would be a disaster and many people in France could lose their job. Tastings are an integral part of promoting wine and educating people to consume with reason," said Marie-Christine Tarby, head of the Wine and Society body.

Tarby said that France was less impacted by binge-drinking than other countries and wine played



A wine tasting at Sainte Roseline château in Arc sur Argens, France. French wine growers fear that attempts to limit youth access to alcohol could ensnare wine-tasting sessions as well.

no role in that phenomenon.

For many people, wine is part and parcel of French culture and history.

The sector employs 340,000 people and wine is among the top 10 export revenue earners. Wine and vines are part of the attractions that make France a top world tourism destination.

Wine, cheese, baguette, beret and Eiffel Tower are

among the key words that people associate with France and tourists visit vineyards and taste the wines, buying bottles to take home.

But for the health lobby, the eternal image of a Frenchman with a black beret and blue shirt sitting at a table with an open bottle of cheap wine is an outrage and outdated.

Encouraged by recent successes such as a smok-

ing ban for restaurants and bars and advertisement restrictions, the health authorities want the French to drink less and fight alcoholism.

Alcohol was related to 22 per cent of traffic deaths in France in 2007 and is a contributing factor to heart disease.

At the same time, some doctors have found that modest consumption of wine can be beneficial to

hearts and health.

The wine organizations, such as those of the Burgundy or Bordeaux wine makers, have not been sitting still and are doing their bit to fight drunk-driving by handing out breathalyzers.

Any adverts promoting

wine need to carry a warning urging people to consume modestly and on some wine websites it spelled out that "moderation" means a maximum of three glasses a day for a man, two for a woman, and at least one day a week without a drink. **REUTERS**

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Don't mess with Nicky Hilton. After being pushed to the ground by a homeless person at a West Hollywood IHOP at 5 a.m. Saturday morning, the heiress made a citizen's arrest, a Los Angeles County Sheriff's Department spokesman has confirmed. **METRO NEWS SERVICES**

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA



TV special

MuchMusic will give youth a forum to discuss the hot button topic of abuse on MuchTalks this evening. The 30-minute special will focus on Chris Brown and Rihanna.

METRO NEWS SERVICES

Concerts on film

Jonas Brothers project could revive genre

STEVE GOW
for Metro Canada

I'm going to come right out and say it: The Jonas Brothers may just revive the idle genre of concert movies.

Not only do I say this because the teen trio has a dedicated following of hardcore pre-pubescent fans that will undoubtedly line up endlessly to see Jonas Brothers: The 3-D Concert Experience — in theatres on Friday — but the movie itself was shot using cutting-edge effects that will surely draw those inclined to experience a cinematic rock concert in 3-D form (although U2 did

it first in 2007).

While there's no doubt that today's focus in Hollywood is primarily on this new way of witnessing gigs, there were many other stunning concert films before the gimmickry of 3-D came along. While the Jonas Brothers may render the traditional concert film extinct, there are certainly some worth revisiting:

THE T.A.M.I. SHOW (1965): Filmmaker Steve Binder released what some aficionados consider the first-ever concert film. Showcasing the top acts of the day, this rare flick is perhaps most notable for a closing "battle of the bands" sequence between James Brown and

The Rolling Stones.

GIMME SHELTER (1970): The Rolling Stones were also the subject of this concert film by the Maysles brothers. Chronicling the band's 1969 tour, this classic movie captured the tragic Altamont gig that ended in the brutal murder of at least one spectator. As a review in the San Francisco Chronicle stated, "few metaphors are as obvious as Altamont's for the death of the free-love '60s."

WOODSTOCK (1970): With groundbreaking appearances by Jimi Hendrix, Jefferson Airplane and Joan Baez, Woodstock is often considered the greatest



Jonas Brothers: The 3-D Concert Experience opens in theatres on Friday.

concert film ever. Not only did it win an Oscar for best documentary, but it set the gold standard for the genre.

THE LAST WALTZ (1978): Martin Scorsese took it upon himself to direct The

Band's farewell performance in 1976. Not only did he capture the Canadian legends' skill on stage but Scorsese gives it his visual masterstroke as well.

STOP MAKING SENSE (1983): Directed by Jonathan

Demme (Philadelphia), this Talking Heads concert film is a tribute to the showmanship of the pop act behind hits like Burning Down the House. The band may have split up in 1991, but this indelible film is still a stunning work of art.



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Women carve out roles in horror world

CHRIS ALEXANDER
for Metro Canada

The realm of the movie macabre has long been a ghoulish men's club, with women depicted as either beauty to the big screen's many beasts or sexually voracious vixens.

Either way, femininity in horror is more often than not a perversion of the male id, partly because the ladies haven't stepped up to wrest control of the genre. But as new documentary Pretty Bloody: The Women of Horror proclaims, the tides are turning. Pretty Bloody sees East Coast-based filmmakers Donna Davies and Kimberlee McTaggart profiling a gaggle of intelligent mod-



Jovanka Vuckovic, editor-in-chief of Rue Morgue magazine.

ern women who have carved out their livelihood in the world of horror, including Vancouver-born scream queen and Fangoria Radio co-host Debbie Rochon and Toronto-based Rue Morgue magazine edi-

On TV

- Pretty Bloody: The Women of Horror airs tonight on Space at 8 p.m.

tor-in-chief and human horror tattoo canvas Jovanka Vuckovic.

"We did this film to help dispel some of the myths surrounding women and horror," Davies says. "Women have actually had a huge influence on the genre, and not just as the helpless victim running from the monster, but as writers, directors and producers."

Pretty Bloody also profiles such noted fright-based females as Pet Sematary director Mary Lambert, dark fantasy writer Tanya Huff and cult actress Brinke Stevens. In a series of conversations, these sophisticated and articulate individuals speak of the struggles they've endured trying to make their mark in a mostly male-driven genre, and of the ways fans have responded to their respective legacies.

"Times have changed and women are making up a large percentage of audience for these films," Davies says. "But female fans want to see a different kind of horror. They are looking for scares but want to see better developed story lines with stronger female leads who are sexy and kick butt."

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New face of L'Oreal Paris

L'Oreal Paris has named Patrick Dempsey as the new international spokesperson for the brand outside the U.S. Dempsey joins the ranks of Pierce Brosnan and Matthew Fox as a leading man for the company. METRO NEWS SERVICES



Orlando takes it all in stylish strides

RAFAEL BRUSILOV
for Metro Canada



Project Runway Canada had its first shocker-elimination last night as Montreal designer Baylor Orlando, 37, got sent home.

Orlando had frequently garnered praise as one of the show's stronger competitors but the judges found his re-worked wedding dress, made from a sari, overly complex and unflattering.



Baylor Orlando

For last night's task, the designers' usual size-zero models were swapped out for a batch of divorced women of all shapes, sizes and heights. Designers had to take the divorcees' old wedding dresses and transform them into outfits that reflected their new single life.

Orlando's creation didn't appeal to the judges but he isn't one to feel sorry for

himself.

"I never like to play the victim. As a designer you have to be able to take criticism because it makes you

a better designer. You have to listen to critics, learn from them and move on," Orlando said.

Orlando previously de-

signed bridal and evening gowns in his home country of Venezuela before moving to Canada to pursue his career dreams.

"I left everything behind when I moved from Venezuela to Canada — this is the country where I want to succeed," the Mon-

When to watch

- Project Runway Canada airs Tuesday nights on Global.

trepreneur-based designer said.

critics' corner

Pretty Bloody

Horror is for guys, right? Made by guys for guys who want to see blood and breasts, right? While the horror genre may be male-dominated, it does have its share of women in roles other than scream queen — director, for example. This new special traces women's contribution to the horror genre with film clips and interviews with directors Mary Lambert ("Pet Sematary") and Katt Shea ("Stripped to Kill"), actress Debbie Rochon and more. 8 PM on SPACE



The New Adventures of Old Christine

Someone needs to give Richard (Clark Gregg) an etiquette book and highlight the part about gifts. Once you give something, it belongs to the recipient. But that doesn't stop him from trying to get Christine (Julia Louis-Dreyfus) to give him back his mother's wedding ring; he wants it for New Christine (Emily Ruth-erford). Sure, every girl wants to wear a ring from a marriage that ended in divorce. Hamish Lin-klater also stars in "How I Hate Your Mother." 9 PM on KRE

Kenya'sStyle

Kenya Hunt



Read the fashion blog exclusively at metronews.ca/blogs

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

Channel	Time	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/25/09	267	351	- ACCESS	Truth, Duty, Valour	Law & Order "Rumble"	Lost "316" (HDTV)	Lost "316" (HDTV)	Lost (HDTV) (N)	Truth, Duty	
	243	317	3 CFCN	etalk	Hollywood	CSI: NY (HDTV) (N)	American Idol (HDTV) Semifinalists perform.	The Simpsons	King	Metropia
	-	-	4 OMNI	Two/Half Men	The Simpsons	News	News	Life on Mars	Life on Mars	Life on Mars
	-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Lost "316" (HDTV)	Lost (HDTV) (N)	Life on Mars
	245	306	6 CBRT	Coronation St.	Jeopardy! (N)	The Week the Women Went	Being Erica (N) (DVS)	CBC News: The National	The Hour	The Hour
	244	338	7 CICT	ET Canada	Entertainment	(8:06) Life on Mars	Bones (HDTV PA)	Life "Hit Me Baby" (N)	News Hour	News Hour
	246	-	8 CKAL	Law & Order: SVU	13: Fear Is Real "Boom"	Hates Chris	Friends	I Love Money Highlights.	Your City	Your City
	119	705	9 CBXFT	Virginie (SC)	L'Épicerie	Le Match des étoiles (SC)	Les Invincibles (SC)	Le Téléjournal et Les Nou	TJ Alberta	TJ Alberta
	-	-	10 SHAW	(6) Local Programming				Local Programming		
	-	372	12 KREM	News (N)	Hollywood	The Doctors (N)	Old Christine	Gary Unmarr	Criminal Minds (N)	CSI: NY
primetime	-	374	14 KSPS	NewsHour With Jim Lehrer	Monarchy: The Royal Family	Monarchy: The Royal Family	America's Ballroom Challenge (N)			Charlton Hest
	502	390	15 CBC	CBC News: The National	Tropic of Capricorn	CBC News: The National	CBC News: The National	CBC News: The National	Capricorn	Capricorn
	-	370	16 KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Life "Hit Me Baby" (N)	Law & Order	Law & Order
	-	373	22 KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	American Idol (HDTV) Semifinalists perform.	News (N)	News (N)
	297	652	37 WPIX	90210 (HDTV)	PIX News at Ten Tong.	Two/Half Men	Friends	Sex and-City	According-Jim	Baby Read
	500	500	29 CNN	CNN Presents: Black	Anderson Cooper 360 (HDTV)			Larry King Live	Cooper 360	Cooper 360
	508	502	31 CNN2	Lou Dobbs Tonight	Nancy Grace	Showbiz Tonight		Lou Dobbs Tonight	Nancy Grace	Nancy Grace
	400	400	21 TSN	NHL Hockey	Curling 2009 Scotties Tournament of Hearts -- Draw 14. (HDTV) From Victoria, B.C. (Live)				SportsCentre	SportsCentre
	408	418	27 net	WHL Hockey Regina Pats at Calgary Hitmen. (Live)					Sportsnet Connected	Ult. Fighter
	410	403	30 SCORE	Aussie Millions '09	Score Tonight	Hardcore Hockey Talk		Final Score	Final Score	Final Score
news	411	457	44 OLN	Mantracker	Mantracker	Dog the Bounty Hunter	Survivorman	Mantracker	Mantracker	Bounty Hunter
	417	406	48 SPEED	Pinks (HDTV)	Drag Race	Drag Race	Wrecked	Pimp My Ride	Pass Time	Pinks Outtakes
	552	543	20 YTV	Drake & Josh	iCarly	Prank Patrol	Malcolm-Mid.	Futurama	Adrenaline Proj	Prank Patrol
	557	541	39 FAM	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place
	555	545	67 TOON	Ben 10	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama
	575	583	11 CMT	Reba	Reba	Hope & Faith	Three Chords	Sessions	Home Improve.	Home Improve.
	553	546	17 TREE	Little Bear	Bucket-Dinos	Comfy Couch	Big & Small (N)	Max & Ruby	Babar	Backyardigans
	-	-	18 CHTV	The Insider (N)	E! News	Donald Trump: THS	The Biggest Loser (N)	Party Monsters: Cabo (N)		News (N)
	505	398	19 TWN	(5) EarthWatch One	EarthWatch One	EarthWatch Two				
	602	568	23 W	Style by Jury	Style by Jury	Will & Grace	Friends	Bag	Grocery	How Clean
sports	521	560	24 TLC	Smallest People in World	Mystery Diagnosis	Mystery Diagnosis	My Shocking Story	Smallest People in World	Smallest People in World	Mystery Diag.
	603	561	25 FOOD	Iron Chef America	Top Chef (Part 2 of 2)	Restaurant Makeover	Restaurant Makeover	Challenge	Challenge	Iron Chef Am.
	615	520	26 A&E	Bounty Hunter	Bounty Hunter	Exterminators	Exterminators	Bounty Hunter	Bounty Hunter	Bounty Hunter
	617	522	32 SHOW	Wife Swap	The Outer Limits	About a Girl	About a Girl	The Guard (HDTV)	Big Love	Big Love
	601	562	33 SLICE	Real Housewives of OC	Kimora: Fab	Kardashians	ET Canada	Matchmaker	Chop Shop	Mr. Friday
	-	633	34 ENC2	The Wizard ★	(7:20) Believe ★★	(2000, Horror)	The 'Burbs ★★	(1989, Comedy) Tom Hanks.	Amazon Women on the Moon	
	520	505	35 DISC	Deadliest Catch	Mayday "Gimli Glider"	Daily Planet		MythBusters		Austin Stevens
	620	523	36 BRAVO	Wingfield	Wingfield	Death at-Opera	Broadway	Law & Order "Hitman"	Without a Trace	Dish Dogs
	294	650	40 WPCB	(6) Sleepers (1996, Crime Drama)		Seinfeld	Family Guy	Family Guy	Sleepers ★★ (1996, Crime Drama)	
	626	547	41 COM	Laughs	Comedy Now	Air Farce	Just for Laughs	Corner Gas	The Simpsons	South Park
family	-	539	42 TCM	(6) Dark Victory (DVS)	Awakenings ★★	(1990, Drama) Robert De Niro.		(10:15) My Left Foot (1989, Biography)		
	628	584	43 SPIKE	UFC's Ultimate Fight Night		Ways to Die	Ways to Die	CSI: NY "Live or Let Die"	Disorderly	
	522	516	45 HIST	Little Rock Nine	NCIS "Left for Dead"	Cities of the Underworld		The 1927 Mississippi Flood	NCIS	
	627	528	46 SPACE	Star Trek: Voyager	Pretty Bloody Women.	Stargate SG-1		Star Trek: Next Gener.	Trek: Voyager	
	-	-	47 AMC	(6) The Enforcer (1976)	The Enforcer ★★	(1976, Crime Drama) Clint Eastwood.		Clear and Present Danger ★★ (1994)		
	619	525	49 TROP	What Happen?	What Happen?	Reality	Ad Persuasion	Family Guy	Seinfeld	Family Guy
	600	564	50 HGTV	Property Virgin	Unsellable	Hid Potential	Really Big Flip	Holmes on Homes	Property Virgin	Unsellable
	501	391	52 CTV	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet
	504	508	70 BNN	Squeeze Play	Market Call	Headline	Market Call	Commodities	Business News	Squeeze Play
	526	507	92 VIVA	The West Wing	Mediums	Psychic Det.		Judging Amy		Commander
cable variety	269	350	93 APTN	APTN National News: Contact	Reel Insights "The Train"	Canadian Geographic		Miywayawin	Guides	Wings-Canada
	-	-	94 MCP	(6:30) News	News	Eight Heroes	Mom's-Upset	Van. Nights	Iranian Pop	Sabor Latino
	571	581	100 MMM	Confessions of a Teen Idol	Confessions of a Teen Idol	Revival	Back In	Party of Five	America's Best Dance Crew	disBand
	570	580	101 MM	Redemption	Pimp My Ride	MuchNews	Video on Trial	PunchMuch	From G's to Gents	Real World
	581	566	102 MTV	The Real World	The Real World	MTV Live	After			

BLING IT ON CONTEST

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Julianne Hough will have a hoot on the dance floor when her boyfriend Chuck Wicks joins her on Dancing with the Stars, which kicks off March 9. "It has been so much fun and really hilarious to see Chuck try to dance," she wrote on her MySpace celebrity blog. **METRO NEWS SERVICES**

Celebrity Buzz

'Predator' Sam still around: Brit's dad Hilary the hockey fan

LEGAL Under her father's care and control, Britney Spears now lives a protected life, her access even to telephones strictly restricted, people.com reports Jamie Spears as testifying in a court hearing Monday.

So when the 27-year-old pop star managed to get a prepaid cellphone recently, her security team confiscated it from her purse while she was at a dance practice. Confronted, she revealed the phone was given to her by someone during a hotel stay, the website reports.

And that person, she disclosed, got it from two men whom her father wants to keep permanently in the singer's troubled past: Ex-manager Sam Lutfi and former boyfriend paparazzo Adnan Ghalib. Jamie Spears described

the cellphone incident in testimony Monday in a Los Angeles court as he sought to maintain a restraining order against Lutfi, whom Jamie has claimed harassed Britney and has sought to undermine Jamie's legal control over her life.

"When (Lutfi) was in so-called control, she'd lost everything — her kids and career," Jamie said at the hearing. "I believe he's a predator, I believe he's very dangerous to her ... and causes her a lot of anguish and disbelief."

In court papers, Lutfi 34, denies he has been harassing Spears, countering that it has been

Spears reaching out to him — not the other way around — by sending him text messages even though court orders forbid her from doing so.

Lutfi does admit that he has passed messages on to her through her hairdresser and others, including Ghalib, 36, but argues that the messages weren't harmful in any way.

But Jamie Spears testified about a series of what he called threatening text messages he received last month from someone with the screen name "citygalin310," who he was later "100 per cent" sure was Lutfi.

Lutfi's lawyer denied to People that Lut-

fi was the user of screen name.

Jamie also revealed why his daughter locked herself in a bathroom with son Jayden, leading to her first hospitalization last year.

"She was told by Lutfi she could have her children for another night," Jamie said. But when a bodyguard for her ex-husband Kevin Federline arrived to get the children, "She didn't want to let her kids go because she thought she could have them for another night," Jamie said.

The hearing will resume today with more testimony from other witnesses.

METRO NEWS SERVICES

PEOPLE Hilary Duff rows with fans at her boyfriend's hockey games, femalefirst.co.uk reports. The singer and actress regularly attends New York Islanders games to watch her lover and centre Mike Comrie (who's now with the Ottawa Senators), and isn't afraid to confront "intense fans" who abuse her man.

"I like to sit in the audience, you know I don't sit up in a box or anything, and people started to know that I'm sitting there, and they'll be like 'Mike sucks!' Or they try to rile me up and I'm like, 'Hey, watch it! I'll come up there, you know,'" she said. "But I try to not be that

crazy girlfriend."

Duff was not a fan of the sport when they first got together in 2007, but has now learned more about it and considers herself a fan.

The 21-year-old star added: "The first couple of games I went to, I'm like, 'These people are nuts.'"

They are, like, so into it. And then, I got really into it once I started learning about the game."

METRO NEWS SERVICES



GETTY IMAGES PHOTOS

'She could, like, adopt me': Miley on Angelina

PEOPLE Miley Cyrus wants Angelina Jolie to adopt her, femalefirst.co.uk reports.

The 17-year-old star is a big fan of Jolie — who already has three adopted children — and hopes the Changeling star will open her home to her soon.

Miley joked:

"She is beautiful. She could, like, adopt me."

Jolie and her partner Brad Pitt raise six children together — adopted sons Maddox, seven, and Pax, five, and four-year-old adopted daughter Zahara, along with two-year-old biological

daughter Shiloh and seven-month-old twins Knox and Vivienne.

The Hannah Montana actress also admits she was disappointed not to meet Jolie on the red carpet at the Oscars on Sunday.

She said: "I wanted to see Angelina, but I didn't get to see her."

METRO NEWS SERVICES



PEOPLE Apparently there's one person who can get away with making fun of Madonna to her face: Ex-husband Sean Penn.

The two ran into each other at an Oscars after-party, where Madonna commended Penn on his best actor win for Milk earlier in the evening, ac-

cording to Gatecrasher.

"Thanks," Penn said, before gesturing to Madonna's date, 22-year-old Brazilian model Jesus Luz, and adding, "Another kid already?"

METRO NEWS SERVICES



Baby rumours made up: Portia

RUMOUR Portia de Rossi wants to make sure everyone know that she is not undergoing in vitro fertilization treatments in an attempt to get pregnant.

"There's a story around right now about me that could not be further from the truth," de Rossi told Access Hollywood, referring to the pregnancy rumour. "That was completely made up."

METRO NEWS SERVICES



I'm healthy and happy: Mischa

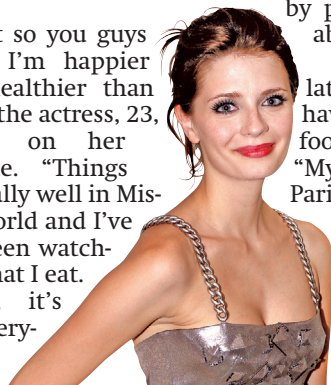
HEALTH To anyone who thinks Mischa Barton is wasting away, she has a message: Don't worry about me, people.com reports.

"Just so you guys know I'm happier and healthier than ever," the actress, 23, writes on her website. "Things are really well in Mischa world and I've just been watching what I eat. Still, it's not everybody's

imagination: She notes that she is thinner these days, as recent photos in the media have shown, sometimes accompanied by pointed speculation about her health.

"I still love my Pilates and yoga, and have cut back on fatty foods a bit," she says. "My time in India and Paris really just helped me lose a little bit of weight but there's nothing drastic going on."

METRO NEWS SERVICES



Regal role left impression on Emily

CAREER Emily Blunt dented her head while shooting her new movie, femalefirst.co.uk reports.

The actress had to wear a crown for her role as late British monarch Queen Victoria in The Young Victoria and the regal headwear has left a permanent impression on her skull.

"The crown has left a dent in my head which they had to cover up with make-up. It was actually remarkably heavy," she said. Blunt, 26, also revealed she had on-set helpers to remove the weighty headwear in-between takes because it was so uncomfortable to have on.

She added: "Someone would come over to take it off me. It started to wobble soon after you put it on so I had to make all my movements very slow."

It wasn't just the crown that caused Blunt discomfort during shooting. The regal cloak she had to don for the part was also a burden on her body. She explained: "The big cloak was like carrying a bear on my shoulders. I was always overheating with all the different layers."

METRO NEWS SERVICES



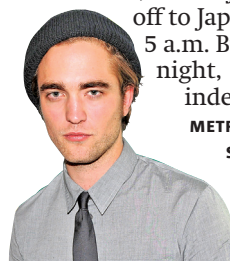
Busy Oscar night for Robert

PEOPLE Twilight star Robert Pattinson was a busy man on Oscar night.

After presenting during the telecast, he hit the Vanity Fair after-party, where he was spotted having a long, deep conversation with Natalie Portman, according to E! News.

Pattinson apparently shared another hour-long confab with Paris Hilton at a different party, allegedly even going out into the garden for some private time, before jetting off to Japan at 5 a.m. Busy night, indeed.

METRO NEWS SERVICES



Today
Mostly Cloudy
-18°C / -21°C

Thursday
Partly cloudy
-4°C / -22°C

Friday
Partly cloudy
-4°C / -12°C



Andrew Schultz, Weather Specialist – Breakfast Television
“I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta.”
WEEKDAYS AT 6 A.M.

Take Five

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18								19	20			
			21		22	23		24				
25	26	27			28		29			30	31	32
33				34						35		
36				37					38			
		39	40			41		42				
43	44				45			46		47	48	49
50					51	52	53					
54					55				56			
57					58				59			

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

			4	7		3	9	8
				8			5	6
		6				2		
9			2				8	
		4				6		
	3				9			1
		5				8		
6	8			1				
4	9	2		6	7			

Crossword across

- | | | |
|-------------------------|----------------------|---------------------------|
| 1 D.C. types, for short | 24 Branch | 43 Onesie, e.g. |
| 5 Intention | 25 Make fun of | 46 Borgnine |
| 8 Resistance measures | 28 Ellipse | autobiography |
| 12 Egress | 30 Discoverer's cry | 50 Shaving cream additive |
| 13 "CSI" evidence | 33 Chicken-king link | 51 Silver-white element |
| 14 Tide type | 34 Rainbow fish | 54 Sawyer's pal |
| 15 Rite | 35 Just out | 55 Intimidate |
| 17 Chills and fever | 36 — canto | 56 Basilica section |
| 18 Varlet | 37 Individual | 57 Santa's sackful |
| 19 Cop's badge | 38 Choir's rendition | 58 Id |
| 21 Erstwhile Peruvian | 39 Charged bit | counterpart |
| | 41 Clinton opponent | 59 Profits |

Crossword down

- | | | |
|----------------------------|-------------------------|----------------------|
| 1 Ahab portrayer | 20 Sentry's command | tourneys |
| 2 The yoke's on them | 22 Succotash | 42 Floral neckwear |
| 3 Old Italian money | ingredient | 43 Transport for |
| 4 Wonder or Nicks | 23 Duck | 54-Across |
| 5 Commotion | 25 Poke | 44 Medley |
| 6 B&B | 26 Hearty quaff | 45 Fight the clock |
| 7 Baseball's "Say Hey Kid" | 27 Post-breakup payment | 47 "Unh-unh" |
| 8 Where the elated walk | 29 Car | 48 "Meet Me — Louis" |
| 9 Domination | 31 Height of fashion? | 49 Spuds' buds |
| 10 Manhandle | 32 Possess | 52 Yuletide beverage |
| 11 Hurried | 34 Melody | 53 Pair |
| 16 Chaps | 38 Lily Munster's hubby | |
| | 40 Some golf | |

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

D	E	M	I	B	I	Z	S	E	W	S
I	R	O	N	O	R	E	A	R	I	A
P	R	O	V	I	D	E	R	L	I	N
		A	N	Y		O	R	A	N	G
H	A	Y	D	N		A	H	E	M	
A	L	O	E		P	R	O	F	I	L
S	A	Y		R	E	M	U	S		A
P	R	O	M	O	T	E	R		D	R
		A	B	E	D		M	E	A	L
U	S	U	R	E	R		P	A	D	
K	I	R	K		P	R	O	D	U	C
E	D	G	E		A	Y	E		C	I
S	E	E	R		N	E	T		E	A

5	9	3	4	6	2	7	1	8
4	6	1	8	7	9	3	2	5
7	2	8	1	5	3	9	4	6
1	8	9	5	3	4	2	6	7
3	7	6	2	8	1	5	9	4
2	4	5	6	9	7	1	8	3
6	3	4	9	2	5	8	7	1
8	5	2	7	1	6	4	3	9
9	1	7	3	4	8	6	5	2

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:	17-21 min	Smart
Under 13 min	21-25 min	Not bad
13-17 min	25+ min	Keep practising

Metro Recipe of the Day



Lamb with Zucchini

INGREDIENTS:

- 2 tsp (10 ml) sesame oil
- 1 tbsp (15 ml) lemon juice
- 1 oz (25 g) fresh ginger, peeled and finely chopped
- 1/4 cup (50 ml) chopped fresh mint
- 12 oz (350 g) lean lamb leg, cut into thin slices
- 1 1/2 lb (700 g) large waxy new potatoes, scrubbed
- 1/4 cup (60 ml) canola oil
- 2 zucchini, sliced on the diagonal
- 6 scallions, sliced on the diagonal
- 1 cup (250 ml) shelled fresh or frozen peas, thawed if necessary
- 1 tbsp (15 ml) salt-reduced soy sauce
- 1/3 cup (80 ml) diluted salt-reduced beef or vegetable stock
- 2 tsp (10 ml) honey

METHOD:

- Whisk sesame oil, lemon juice, half of ginger and 1 tbsp (15 ml) chopped mint in shallow dish. Add lamb and stir, then cover and leave to marinate.
- Put potatoes in a large pot and pour over boiling water to cover. Bring back to boil, half-cover pot and simmer 12 minutes or until almost tender. Drain and leave until cool enough to handle. Cut across into slices slightly thicker than

- 1/4 in. (5 mm), then cut slices into sticks. Put into bowl, drizzle with 1 tbsp (15 ml) canola oil and gently toss to coat.
- Heat 1 tbsp (15 ml) oil in wok or large frying pan. When oil is hot, add lamb and stir-fry over high heat 1 minute or until just browned, but still fairly rare. Remove and set aside.
- Add remaining oil to wok and, when hot, add sliced zucchini. Stir-fry 1 minute, then add potato sticks. Cook 3-4 minutes, stirring, until lightly browned, taking care not to break up potatoes. Add scallions and cook 1 more minute, stirring.
- Reduce heat to medium and add peas, soy sauce, stock, honey and remaining ginger. Return lamb with any juices. Stir-fry 2-3 minutes or until liquid is bubbling and everything is tender and hot. Season to taste, scatter remaining chopped mint over top, and serve.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
Someone praises your hard work on a wonderful day. Your judgment is good about marriage plans. Senseless humility is a waste of time.



TAURUS
APRIL 21-MAY 21
Nostalgia can't bring anyone back to you. Keep after someone to get more support. Try to remain alert to new possibilities in strange places.



LIBRA
SEPT 23-OCT 23
A suspect makes a bad joke. A man makes a fuss over an important guy. Losing your temper and being malicious is an appalling choice.



SCORPIO
OCT 24-NOV 22
Avoid feeling guilty when visiting. Smile when a happy female confesses. The last thing you expect will be a divine experience.



GEMINI
MAY 22-JUNE 21
Someone will be grateful if you're truthful. Innuendo will grow stronger after an incident. You'll change your mind about a friendship.



SAGITTARIUS
NOV 23-DEC 21
An elder needs a romantic tryst. An adventurous person will revive your hopes. A shamed guy calls for an update.



CANCER
JUNE 22-JULY 22
Don't leave a greedy friend alone. Take notice of a fitness plan and participate. Pamper yourself after breaking horrific habits.



CAPRICORN
DEC 22-JAN 20
A truthful person will come clean. Don't give up when someone makes an emotional impact. A competent person will complete a task.



LEO
JULY 23-AUG 23
Avoid any daydreaming that will cause pain. Fatalistic and impractical people will rebel. Someone will stay away from a danger zone.



AQUARIUS
JAN 21-FEB 18
A friend performs an unusual act. A lonely woman speaks of true love. A fortunate man is forced to take risks.



VIRGO
AUG 24-SEPT 22
Be suspicious of unusual entertainment plans. You'll search for strange noises at home. You'll say good bye after a commotion.



PISCES
FEB 19-MARCH 20
An old jester will be given something. Make plans with slacker who loves you. Tell your story to a younger guy.



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Beacon Hill Centre

Central Landmark Mall

Dalhousie Station

North Hill Mall

Northland Mall

822 Crowfoot Cres. NW

207 14th St. NW

NORTHEAST

Country Hills Towne Centre

Deerfoot Mall

Marlborough Mall

Sunridge Mall

2420 42nd Ave. NE

1353 32nd Ave. NE

2520 23rd St. NE

2000 McKnight Blvd. NE

323 - 2555 32nd Ave. NE

SOUTHWEST

Chinook Centre

Bankers Hall

Bow Valley Square

MacLeod Plaza

Southcentre Mall

TD Square

Westbrook Mall

Westhills Towne Centre

6039 Centre St. S

835 17th Ave. SW

245 - 225 7th Ave. SW

16061 MacLeod Trail S

264 - 6100 MacLeod Trail S

1 - 4623 Bow Trail SW

203 - 321 6th Ave. SW

5 - 2008 33rd Ave. SW

4825 MacLeod Trail S

SOUTHEAST

Dragon City Mall

TELUS Convention Centre

856 - 33 Heritage Meadows Way SE

1288 42nd Ave. SE

7845 Flint Rd. SE

4410 50th Ave. SE

3012 17th Ave. SE

10836 24th St. SE

109S - 8500 MacLeod Trail S

4949 Barlow Trail SE

Okotoks

181 - 31 Southridge Dr.

118 Elizabeth St.

Strathmore

8 - 55 Wheatland Trail

103 - 331 3rd Ave.

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